
A NEW GLOBAL STANDARD
IN LGBTQ ADDICTION AND
TRAUMA TREATMENT



RESORT 12



BOTH ELTON AND I APPLAUD THE LAUNCH OF THIS VITAL ADDICTION TREATMENT CENTRE. RESORT 12 WILL BE THE FIRST LGBTQ-DEDICATED, DESTINATION REHAB FACILITY OUTSIDE OF AMERICA. WE NEED MORE PLACES LIKE THIS TO HELP ADDRESS THE SPECIFIC NEEDS OF LGBTQ ADDICTS GLOBALLY.

DAVID FURNISH & SIR ELTON JOHN



**LIVE
POWERFUL**

— Imagine waking each day feeling healthy, at peace, and fully in control of your life. A discreet, stylish sanctuary in northern Thailand, Resort 12 offers a new global standard in addiction and trauma treatment exclusively for LGBTQ clients.

**LGBTQ
ADDICTION
& TRAUMA**

— The disproportionately high numbers of LGBTQ people who struggle with addiction and trauma speak for themselves.

LGBTQ individuals are between three and four times more likely than others to become dependent on drugs or alcohol while three out of four surfer with mental health issues.

**A SAFE
PLACE**

— Our smart residential facilities, set in tranquil grounds in a scenic location close to Chiang Mai, are exclusively dedicated to the needs of LGBTQ people experiencing substance and behavioural addictions and mental health issues.

Backed through our parent company The Cabin by a global network of expertise and services proven to deliver exceptional success rates, here clients can fully benefit from the care of our empathetic, nurturing therapists, our friendly staff, and the shared experience of peers.

“
EVERYTHING GOOD IN MY LIFE RIGHT NOW IS BECAUSE
I AM SOBER. WHEN I WAS FIRST IN RECOVERY, AWARENESS
AROUND LGBTQ ADDICTION AND TRAUMA WAS LIMITED.
THAT'S CHANGED. AND THAT'S WHY AN LGBTQ TREATMENT
CENTER LIKE RESORT I2 IS SO IMPORTANT.

BOY GEORGE



OUR METHOD

— Studies have shown that treatment of LGBTQ people for addiction and trauma is much more successful when it addresses the specific challenges faced by members of this community, in an environment exclusively dedicated to their needs.

Our focus is on treating the whole person. While our experts have had great success in treating addiction as an illness, new research shows that more than half of people with addictions also suffer from unresolved trauma.

THE SOLUTION

— At Resort I2, we offer freedom. Freedom from distress, freedom from inner conflict, freedom from behaviours that harm health, hurt others and prevent people affected by addictions and trauma from being all they can be.

We empower our clients to replace shame with contentment, frustration with self-knowledge, isolation with connection and anxiety with calm, clear focus.

Many report discovering powerful new reserves of positive energy once they are supported in leaving behind a harmful dependency or resolving trauma they have spent their whole lives suppressing.



“

THE LGBTQ COMMUNITY IS DISPROPORTIONATELY AFFECTED BY ADDICTION BECAUSE OF THE WAY WE GROW UP AND ONGOING PREJUDICE AND STRESS WE FACE. A RECOVERY FACILITY LIKE RESORT 12 THAT ADDRESSES THESE ISSUES SPECIFICALLY AND SENSITIVELY IS SORELY NEEDED

MATTHEW TODD, FORMER EDITOR OF ATTITUDE MAGAZINE AND AUTHOR OF THE BOOK STRAIGHT JACKET

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TYPES OF ADDICTION

— The disproportionately high numbers of LGBTQ people who struggle with addiction and trauma speak for themselves. Resort 12 offers a safe space where the circumstances and consequences of addiction can be openly explored as they relate to a diverse variety of lifestyles.

— **ALCOHOL** Contrary to popular belief, alcohol withdrawal can be the most dangerous of any substance withdrawal. We support clients who may need to detox before starting recovery in our fully equipped hospital with 24-hour clinical and psychological expertise.

— **CHEMSEX** Now treated by some therapists as a triple addiction – chemical, sexual, and digital because of the pivotal and sometimes compulsive role sex apps play in arranging hook-ups – dependence on chemsex also carries further risks such as spreading HIV and other sexually transmitted infections.

— **FOOD** Beset more than most with media and societal messaging about how they should look and live, LGBTQ people are especially vulnerable to disordered eating.

— **BODY IMAGE** According to the US' National Eating Disorders Association, marginalised groups including LGBTQ people are disproportionately affected by body image issues, and the lives of many are compromised by intense feelings of inadequacy and worthlessness.

— **DRUG** Our clinicians are highly experienced and have well-documented success in treating dependencies on substances including methamphetamines, cocaine, yaba, MDMA and marijuana.

— **SEX** Disordered sex, love and relationship behaviours are especially hard dependencies to identify, because they can present through such a wide range of symptoms. Compulsive sexual behaviour can manifest in many different ways, from exhibitionist sex to coercive sex to sex involving pain and humiliation, and its consequences can disrupt clients' families, work lives and mental health.



THE PROBLEMS THAT MANY LGBTQ PEOPLE FACE WHEN BATTLING ADDICTION ARE OFTEN ENTIRELY UNIQUE TO THAT COMMUNITY'S EXPERIENCES. A DEDICATED FACILITY THAT UNDERSTANDS THESE ISSUES AND ADDRESSES THEM IS LONG OVERDUE.

CLIFF JOANNOU, EDITOR ATTITUDE MAGAZINE

REHAB IN THAILAND

— Known around the world as the 'land of smiles', Thailand is an exceptionally welcoming destination, with a strong history of tolerance of people with 'alternative' sexualities and gender identities.

Ubiquitous Buddhist monks in saffron-coloured robes also make it the perfect place to reconnect with oneself, cultivate mindfulness, and find new focus.

Far from their habitual stressors and triggers, addiction and trauma clients can make a truly fresh start here – a complete change of environment has been shown to dramatically increase recovery success.

— Addiction and trauma treatment takes hard work, focus and energy. So, at Resort 12 we make sure all our clients' day-to-day needs are taken care of and that their time with us is supremely comfortable and relaxing.

Within our tranquil, therapeutic landscaped grounds, we offer LGBTQ clients 20 individual, en-suite guest bedrooms similar in standard to a stylish premium hotel.

Our dedicated, covered open-air restaurant serves healthy and delicious fusion cuisine, while our exclusive recreation facilities are impeccably maintained.

OUR RESORT



RECOVERY IS THE KEY TO FREEDOM, AND FREEDOM IS THE KEY TO LIFE. WHEN WE GET THE FREEDOM FROM ADDICTION, WE CAN DO ANYTHING, WE CAN BE WHO WE REALLY ARE, INSTEAD OF HAVING TO LIVE OUR LIVES BEHIND MASKS

FAT TONY, DJ, RECOVERY LIFE COACH & RESORT 12 BRAND AMBASSADOR

NEXT STEPS

— Call us on +66 52 080 717 and one of our intake coordinators will explain more about our programme, our facilities and arrange an assessment with one of our clinical team.

Following the assessment, your intake coordinator will then help you plan your intake date and travel details. On arrival in Chiang Mai, you will be met by one of our intake team who will bring you to Resort 12 to meet your immediate medical needs and ensure your comfort.

— **What does the treatment programme include?**
Our programmes include private accommodation, all meals, individual counselling, group addiction therapy sessions, physical therapy, massage therapy, weekly excursions and aftercare plus our special three day family programme.

— **How long will I have to stay at Resort 12?**
We offer a 28-day accelerated programme, 60- or 90-day recovery programme, and a tailored-duration programme. Your length of stay depends on your individual needs and your treatment plan is personalised to suit your requirements.

— **What aftercare is available?**
At Resort 12 we understand that aftercare is vital to relapse prevention and we ensure that all clients have access to the aftercare they need. We offer a free eight week aftercare programme that consists of regular online video group therapy sessions where clients can see their counsellor and interact not only with them but other participants as well.

Call us on
+66 52 080 717

Email us
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Find us online
resort12.com

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Facebook @Resort12Rehab
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RESORT 12

Part of

THE CABIN